

# Public health advisory on the effects of cell phone use while driving

Étienne Blais, PhD

Professor

School of Criminology – University of Montreal

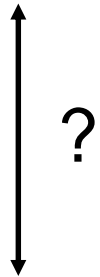
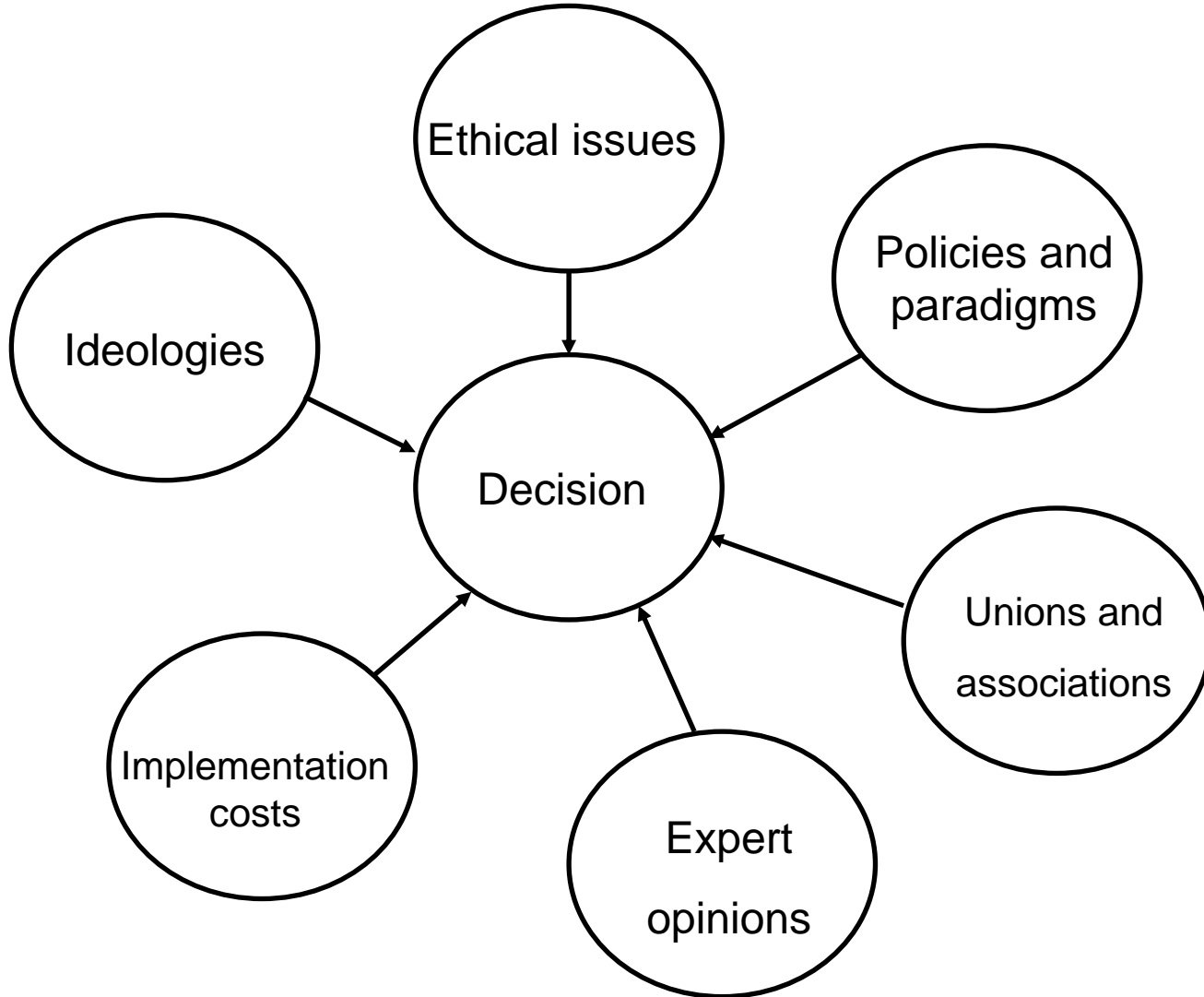
CIRRELT – Interuniversity Research Centre on Enterprise Networks, Logistic and Transportations

INSPQ - National Institute for Public Health of Quebec



# Effects of cell phone use while driving

## Concerns for the researcher



Effects of cell phone use while driving

## The responsibility of the researcher

1. Further our knowledge using an evidence-based approach
2. Use a sound methodology : systematic review

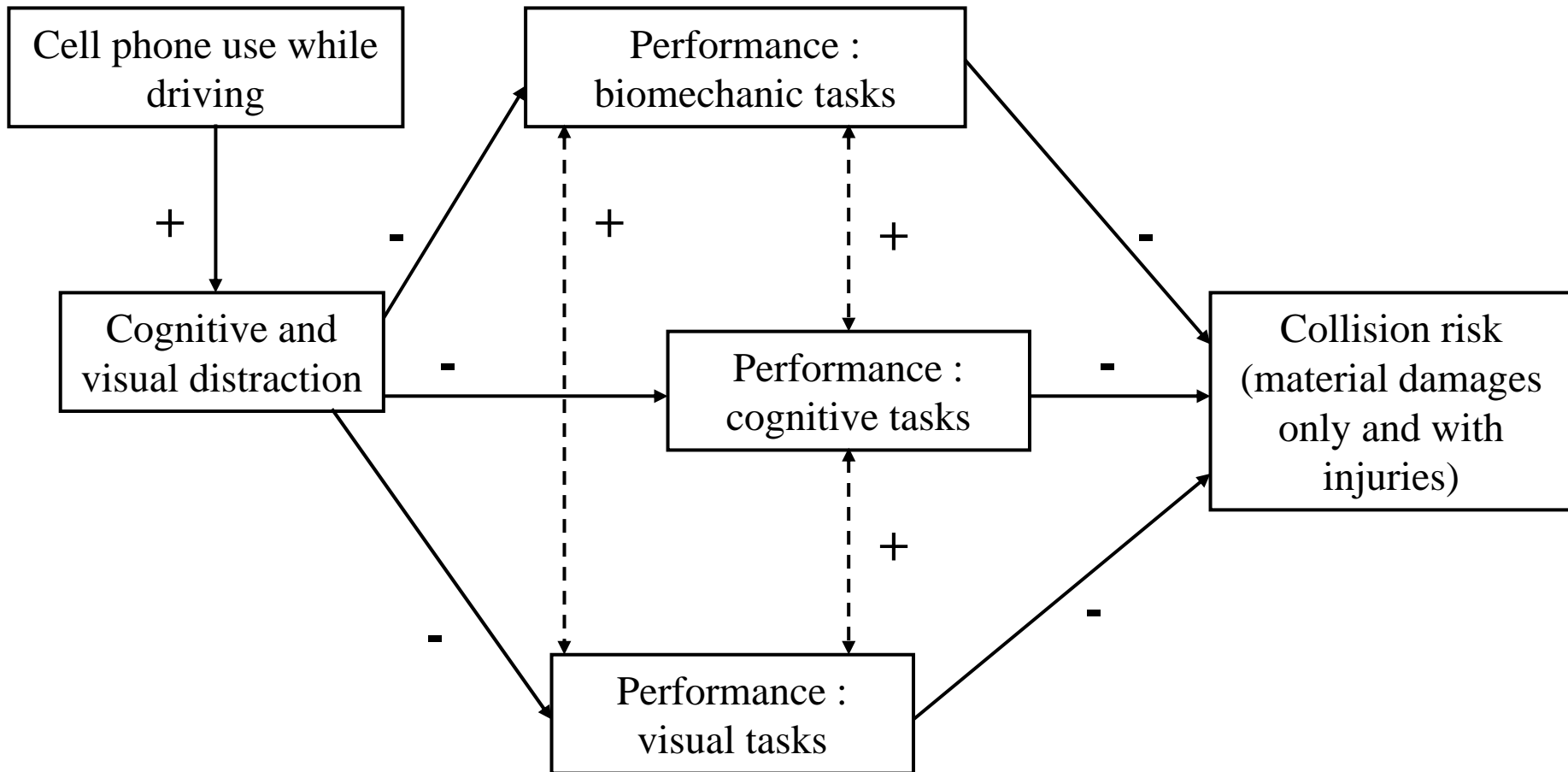
Effects of cell phone use while driving

## The debate regarding the effects of cell phone use while driving

1. The number of cell phone users is increasing while the road toll is improving
2. There are other sources of distraction
3. Studies have methodological limitations
4. Theories on driver's behavior
5. Reports do not mention cell phone use as a « cause » of collisions
6. No systematic review

# Effects of cell phone use while driving

Graphical illustration of the effects of cell phone use while driving on collision risk



Effects of cell phone use while driving

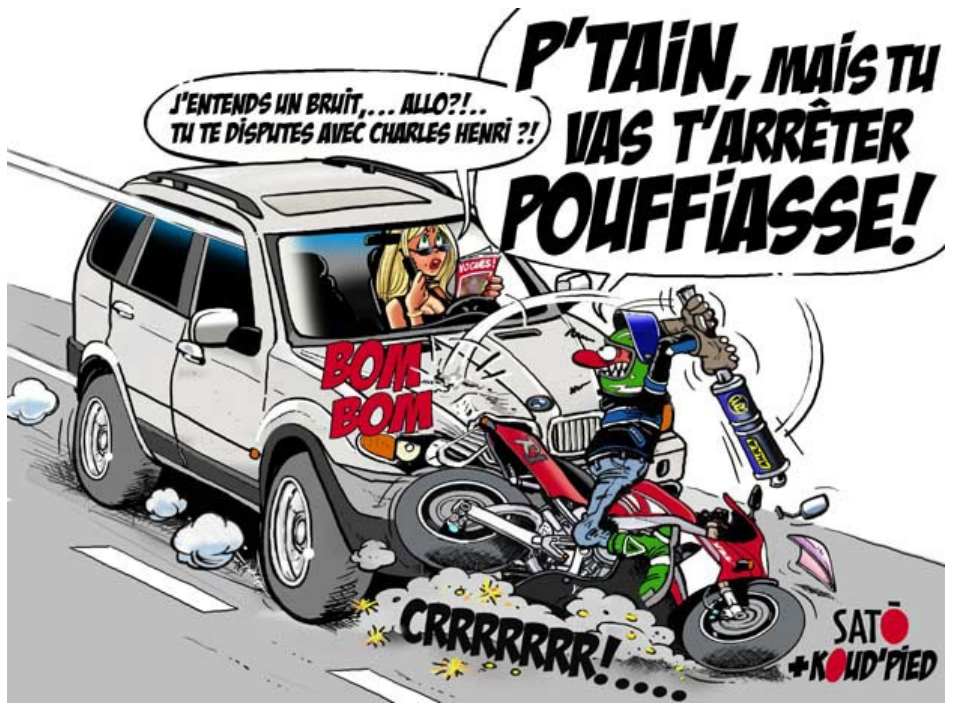
# Conclusions about the effects of cell phone use while driving

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1. Does not improve driver's performance



2. Significantly increases collision risk

## Recommendations

1. Ban cell phone use while driving (both, hand-held and hands-free devices)
2. Conduct additional studies to improve our understanding about the effects of other sources of distraction on collision risk
3. Modify accident reports to document the presence of cell phone use

